

Discovery ENGLISH – GRADE 1

CHAPTER 4: THE BUSY DAY

(3 Periods – 40 minutes each)

Class Strength: 30–40

Book Pages: 35–42

Focus: Daily routine, pronouns, sound patterns, speaking & writing

PERIOD 1 (40 Minutes)

FOCUS: Reading + Comprehension

Learning Goals:

Students can:

- Describe daily routine
- Answer comprehension questions
- Identify key details

1. Settling (3 min)
Open Chapter 4. Sit straight.

2. Reading Ready – Exercise A (7 min)

Accept short answers:

1. What do you do first when you wake up?
→ Brush / Pray / Wash
2. What do you do at school?
→ Study / Play
3. Have you helped at home?
→ Yes
4. What do you do before sleep?
→ Read / Pray

3. Teacher Reading (10 min)

Read clearly. Explain simply:

- Morning: brush, eat breakfast
- School: learn, draw, play
- Home: help family, finish homework
- Night: read, say goodnight, sleep

Key Idea: A busy day means having many good activities.

4. Vocabulary Vault (5 min)

busy – having lots to do

bake – cook in oven

homework – school work at home

feed – give food

smile – happy face

Students repeat aloud.

5. Exercise B – Reflection (8 min)

1. What kind of place is school?
→ Fun place
2. Is reading like magic?
→ Yes
3. How should we end our day?
→ Say goodnight / Sleep peacefully

6. Exercise C – MCQs (5 min)

1. What does Sidra pack?
b) school bag
2. What does she help with?
b) baking cookies
3. What pet does she have?
c) cat
4. What does she say at night?
b) goodnight

7. HOTS Discussion (2 min)

Why is it called a busy day?

→ Many activities

Assessment:

Ask 4 oral questions randomly.

PERIOD 2 (40 Minutes)

FOCUS: Grammar – Pronouns + Practice

Learning Goals:

Students can:

- Identify pronouns
- Replace nouns with pronouns
- Use he, she, it, we, they correctly

1. Warm Recap (5 min)

What did Sidra do in the morning?

2. Grammar Explanation (10 min)

Pronouns replace naming words.

Examples on board:

Ali is my friend. Ali plays football.

→ Ali is my friend. He plays football.

The cat is sleeping.

→ It is sleeping.

Tom and I → We

Tom and Jerry → They

3. Exercise A (10 min)

1. Ali is my friend. He loves to play football.
2. The cat is sleeping. It is very quiet.
3. Zohan and I went to the park. We played basketball.
4. Mom cooked dinner. She made spaghetti.
5. The birds are flying. They are colourful.

Students rewrite in notebooks.

4. Exercise B – Fill in blanks (5 min)

1. He (Ali)

2. We (Saad and I)
3. She (The teacher)
4. They (Tom and Jerry)
5. **Exercise C – Choose correct word (5 min)**

1. They
2. It
3. They
4. We

6. **Quick Oral Drill (5 min)**

Point to boy → He

Point to girl → She

Point to object → It

Two students → They

Assessment:

Call 3 students to make one pronoun sentence each.

PERIOD 3 (40 Minutes)

FOCUS: Phonics + Speaking + Writing

Learning Goals:

Students can:

- Identify sound patterns
- Complete rhyming words
- Speak in short sentences
- Write simple paragraphs

1. **Sound Patterns (5 min)**

cat → bat, hat, mat

pen → hen, ten, men

Students say together.

2. **Exercise A – Complete Patterns (5 min)**

cat → bat, hat, mat
pen → hen, ten, men

3. Exercise B – Identify Pattern (8 min)

-at sound: bat, cat, fat
-in sound: win, bin, tin

Sight words reading practice.

4. Exercise C – Complete with hints (5 min)

1. Sun
2. Bug
3. Cap

5. Speaking Stars (7 min)

Dialogue Practice:

Sara sees a rainbow. What happens next?

Students predict in 1 sentence.

Role-play busy day at school.

Picture discussion in pairs.

6. Writing Wizard (7 min)

Exercise A: Guided Writing

Every morning, I wake up early.

Then I enjoy playing cricket.

At lunch, I eat rice.

In the afternoon, I study.

At night, I sleep.

Exercise B: Write 3 birthday routine sentences.

Exercise C: Short paragraph about park.

Example:

I went to the park. I played on the swings. I was happy.

7. Smart AI Corner (2 min)

Suggest 3 fun after-school activities:

- Cycling
- Drawing
- Playing football

8. Handwriting Practice (1 min reminder)

Copy:

Sara's day is busy and fun. She learns, plays, and helps her family. Every day, she smiles and says, "Goodnight!"

9. Final Reflection (5 min)

Why is helping family important?

→ It shows love.

What was your favourite part?

Students answer one sentence.

MORAL OF CHAPTER 4

A busy day filled with learning, helping, and kindness makes life happy and meaningful.